**Positive Pup: Building Confidence Worksheet**

Date:

Puppy Name:

Behavior:

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| Step 1: Desensitization |
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| Ready for Next Step: |

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| Step 2: Counterconditioning |
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| Ready for Next Step: |

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| Step 3: Generalization |
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| Ready for Next Step: |

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| Step 4: Real-Life Scenarios |
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| Ready for Next Step: |